

## **Statement on the role and importance of parasports in the Nordic region**

Participation in physical activities and sports is a right for all. Sport provides an arena for joy, development and personal fulfilment.

For persons with impairments parasport constitute a powerful tool for improved health and thereby a stronger personal independence. The positive results are large for both individuals and the society in general.

The Nordic Sports Confederations, Olympic and Paralympic Committees agree on the need for a wider discussion on parasport. The role of parasports and a possible common Nordic initiative in this field will be discussed during the Nordic meeting in Iceland in 2019.

Visby 2018-09-15